



go! pei

Let's Walk!

Let's Walk is a FREE Indoor Walking Club from November through March with the goal of removing barriers associated with walking outdoors during our winter months.

WHERE	WHEN
M.E. Callaghan Intermediate School	Thursday @ 7:30pm - 8:30pm
Alberton Elementary School	Monday - Friday @ 4pm - 5pm
Credit Union Place - Summerside	Sunday - Saturday @ 9am - 9pm 
Kensington Fitplex	Monday - Friday @ 6am - 9pm
South Shore Actiplex	Monday - Thursday @ 6am - 8pm
Cornwall APM Centre Walking Track	Monday & Wednesday @ 7pm - 8pm  
UPEI Sports Centre Walking Track	Monday - Thursday @ 9am - 10am  
Holland College Walking Track	Monday - Friday @ 1:30pm - 2:30pm  
Stratford Town Hall	Sunday - Saturday 5:30am - 9pm
Cav. Farms Wellness Centre Montague	Monday - Friday 8:30am - 4pm 
Eastern Kings Sports Centre	Monday - Friday @ 8:30am - 12:30pm

 **ALTERNATIVE TIMES AVAILABLE AT ADDITIONAL COST**

 **LOCATION IS WHEELCHAIR ACCESSIBLE**

### OUR PARTNERS



Health and Wellness

